

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
MEN								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
50m BACKSTROKE								
S	18-24	Andrew	LUXTON	1983	Swim Swansea	29.34	WNP Swansea	Jun-03
A	25-29	Gareth	FOWLER	1989	Amersham	29.22	Montreal	Aug-14
B	30-34	Austyn	SHORTMAN	1972	Pembroke	28.61	WNP Swansea	Jun-03
C	35-39	Andrew	LUXTON	1983	Swansea Aq M.	30.79	WNP Swansea	Mar-19
D	40-44	Austyn	SHORTMAN	1972	Tenby	29.70	Plymouth	Jun-13
E	45-49	Andrew	CAMPBELL	1974	Wrexham	29.82	WNP Swansea	Feb-20
F	50-54	Patrick	GORE	1968	Cardiff Masters	31.73	WNP Swansea	Jun-19
G	55-59	Eric	HODGSON	1947	Wrexham	34.63	Sheffield	Jan-06
H	60-64	Eric	HODGSON	1947	Wrexham	34.84	Manchester	Jun-07
J	65-69	James	ARTHUR	1948	Celtic Dolphins	38.45	WNP Swansea	Jun-14
K	70-74	Eamonn	KINSELLA	1933	Swansea Mast	41.43	WNP Swansea	Mar-04
L	75-79	Graham	HUXTABLE	1916	Welsh G'oldfish	46.35	Crystal Palace	1992
M	80-84	Tony	SUMMERS	1924	C o Newport	50.50	WNP Swansea	Mar-06
N	85-89	Tony	SUMMERS*	1924	C o Newport	57.85	WNP Swansea	Feb-09
O	90-94							
100m BACKSTROKE								
S	18-24	Andrew	LUXTON	1983	Swim Swansea	1.00.88	WNP Swansea	Mar-04
A	25-29	Paul	GRIFFITHS	1970	C o Cardiff	1.02.17	WEP Cardiff	1997
B	30-34	Paul	GRIFFITHS	1970	Nofio Cymru	1.02.29	Munich	2000
C	35-39	Andrew	LUXTON	1983	Swansea Aq M.	1.06.07	WNP Swansea	Mar-18
D	40-44	Patrick	GORE	1968	CLAMS	1.06.84	Cardiff I.S.V.	Jun-09
E	45-49	Andrew	CAMPBELL	1974	Wrexham	1.05.40	WNP Swansea	Mar-20
F	50-54	Patrick	GORE	1968	Cardiff Masters	1.07.87	WNP Swansea	Jun-19
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	1.13.63	WNP Swansea	Mar-17
H	60-64	Eric	HODGSON	1947	Wrexham	1.18.37	Manchester	Jun-08
J	65-69	James	ARTHUR	1948	Celtic Dolphins	1.26.11	WNP Swansea	Jun-14
K	70-74	Eamonn	KINSELLA	1933	Swansea Mast	1.35.89	WNP Swansea	Mar-04
L	75-79	Tony	SUMMERS	1924	Newport Maindee	1.45.34	WNP Swansea	Jun-03
M	80-84	Tony	SUMMERS	1924	Newport Maindee	1.51.79	WNP Swansea	Mar-04
N	85-89	Tony	SUMMERS *	1924	C o Newport	2.09.07	WNP Swansea	Feb-09
O	90-94							
200m BACKSTROKE								
S	18-24	Rhys	DAVIES	2001	Nofio Sir Gar	2.17.29	WNP Swansea	Feb-20
A	25-29	Paul	GRIFFITHS	1970	Rhyl	2.17.81	Coventry	1999
B	30-34	Paul	GRIFFITHS	1970	Nofio Cymru	2.16.48	Munich	2000
C	35-39	Patrick	GORE	1968	CLAMS	2.31.69	WNP Swansea	Jun-03
D	40-44	Patrick	GORE	1968	CLAMS	2.24.72	Cardiff I.S.V.	Jun-09
E	45-49	Patrick	GORE	1968	Cardiff Masters	2.30.74	WNP Swansea	Mar-17
F	50-54	Patrick	GORE	1968	Cardiff Masters	2.31.08	WNP Swansea	Jun-19
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	2.38.53	Olympic Aq Centre	May-16
H	60-64	Jonathan	HOPKINS	1960	Cardiff Masters	2.49.65	WNP Swansea	Feb-20
J	65-69	James	ARTHUR	1948	Celtic Dolphins	3.05.51	WNP Swansea	Mar-15
K	70-74	Eamonn	KINSELLA	1933	Swansea Mast	3.36.42	WNP Swansea	Mar-04
L	75-79	Graham	HUXTABLE	1916	Welsh G'oldfish	3.21.88	WEP Cardiff	1993
M	80-84	John	DAVIS	1924	Fox Hollies	4.00.74	WNP Swansea	Mar-04
N	85-89	Tony	SUMMERS	1924	C o Newport	4.28.99	WNP Swansea	Feb-09
O	90-94							
					New Welsh Record			

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
MEN								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
50m BREASTSTROKE								
S	18-24	Andrew	REAY	1994	Wrexham	32.00	Manchester	Jun-15
A	25-29	Kiroless	SABA	1990	Cardiff Masters	30.15	WNP Swansea	Jun-19
B	30-34	David	MORGAN	1975	G.B. Police	31.85	WNP Swansea	Mar-08
C	35-39	David	MORGAN	1975	G.B. Police	32.07	WNP Swansea	Mar-11
D	40-44	Paul	JENKINS	1953	CLAMS	32.28	WEP Cardiff	1993
E	45-49	Walter	SYRETT	1959	Pontypool	33.49	WNP Swansea	Mar-07
F	50-54	Walter	SYRETT	1959	Pontypool	33.55	Cardiff I.S.V.	Jun-09
G	55-59	Walter	SYRETT	1959	Heads/Valleys	34.97	WNP Swansea	Jun-14
H	60-64	Walter	SYRETT	1959	Heads/Valleys	36.46	WNP Swansea	Mar-19
J	65-69	James	ARTHUR	1948	Celtic Dolphins	41.18	WNP Swansea	Jun-14
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	44.89	Glasgow	Jun-10
L	75-79	Edward	LLOYD	1931	Wrexham	46.47	Manchester	Jun-06
M	80-84	William G	JONES	1912	Ogwr	1.01.23	WEP Cardiff	1993
N	85-89							
O	90-94							
100m BREASTSTROKE								
S	18-24	Ian	TAPLEY	1983	Holywell	1.07.99	WNP Swansea	Jun-03
A	25-29	Ross	NORGROVE	1968	Gwent Police	1.12.74	WEP Cardiff	1993
B	30-34	David	MORGAN	1975	G.B. Police	1.10.99	WNP Swansea	Mar-08
C	35-39	David	MORGAN	1975	G.B. Police	1.12.55	WNP Swansea	Mar-11
D	40-44	Phil	BURCHELL	1980	Holywell	1.15.75	WNP Swansea	Feb-20
E	45-49	Walter	SYRETT	1959	Pontypool	1.16.33	WNP Swansea	Mar-04
F	50-54	Walter	SYRETT	1959	Pontypool	1.15.55	Cardiff I.S.V.	Jun-09
G	55-59	Walter	SYRETT	1959	Heads/Valleys	1.18.31	WNP Swansea	Jun-14
H	60-64	Walter	SYRETT	1959	Heads/Valleys	1.21.62	WNP Swansea	Mar-19
J	65-69	James	ARTHUR	1948	Celtic Dolphins	1.30.43	WNP Swansea	Jun-14
K	70-74	Robert	LLOYD-EVANS	1942	Poole	1.42.58	WNP Swansea	Mar-12
L	75-79	Robert	LLOYD-EVANS	1942	Poole	1.51.91	WNP Swansea	Mar-17
M	80-84	Baz	OWEN	1930	Arfon Masters	2.20.23	WNP Swansea	Mar-10
N	85-89							
O	90-94							
200m BREASTSTROKE								
S	18-24	Ian	TAPLEY	1983	Holywell	2.27.25	WNP Swansea	Jun-03
A	25-29	Andrew	LOCKYER	1968	CLAMS	2.47.32	WEP Cardiff	1996
B	30-34	David	MORGAN	1975	G.B. Police	2.39.16	WNP Swansea	Mar-08
C	35-39	Geoff	BODDIE	1973	GB.Police/Holywell	2.38.70	Leeds	Jun-11
D	40-44	Paul	JENKINS	1953	CLAMS	2.45.67	Europeans	1993
E	45-49	Walter	SYRETT	1959	Pontypool	2.49.40	WNP Swansea	Mar-04
F	50-54	Walter	SYRETT	1959	Pontypool	2.45.70	Cardiff I.S.V.	Jun-09
G	55-59	Walter	SYRETT	1959	Heads/Valleys	2.52.77	WNP Swansea	Jun-14
H	60-64	Walter	SYRETT	1959	Heads/Valleys	2.59.68	WNP Swansea	Jun-19
J	65-69	James	ARTHUR	1948	Celtic Dolphins	3.18.42	WNP Swansea	Jun-14
K	70-74	Robert	LLOYD-EVANS	1942	Poole	3.40.23	WNP Swansea	Mar-12
L	75-79	Robert	LLOYD-EVANS	1942	Poole	3.53.54	WNP Swansea	Mar-17
M	80-84	John	DAVIS	1924	Fox Hollies	4.38.29	WNP Swansea	Mar-04
N	85-89							
O	90-94							
			New Welsh Record					

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
MEN								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
50m BUTTERFLY								
S	18-24	Gareth	COCKS	1989	Cardiff Mast	26.99	Sheffield	May-12
A	25-29	Gareth	COCKS	1989	Cardiff Mast	26.66	Montreal	Aug-14
B	30-34	Mark	JONES	1972	Llanelli	26.11	WNP Swansea	Jun-03
C	35-39	Mark	JONES	1972	Ealing	26.63	Cadiz	Sep-09
D	40-44	Jason	COOK	1978	Cardiff Masters	27.99	WNP Swansea	Feb-20
E	45-49	Michael	WATKINS	1970	Torfaen Dolphins	28.64	WNP Swansea	Mar-19
F	50-54	Peter	GODFREY	1947	CLAMS	29.84	WEP Cardiff	1997
G	55-59	Peter	GODFREY	1947	Cardiff Mast	30.55	WNP Swansea	May-05
H	60-64	Peter	GODFREY	1947	Cardiff Mast	31.01	WNP Swansea	Mar-07
J	65-69	Peter	GODFREY	1947	Cardiff Mast	34.42	WNP Swansea	Mar-12
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	37.67	Cardiff I.S.V.	May-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	42.91	Aldershot	Jul-16
M	80-84	Garfield	THOMAS	1940	Bridgend Cty	58.02	WNP Swansea	Feb-20
N	85-89							
O	90-94							
100m BUTTERFLY								
S	18-24	Gareth	COCKS	1989	Cardiff Masters	1.00.76	WNP Swansea	Mar-11
A	25-29	Gareth	COCKS	1989	Cardiff Masters	58.37	Montreal	Aug-14
B	30-34	Calvin	HARRIS	1965	Pontypool	1.00.23	Sheffield	1996
C	35-39	Mark	JONES	1972	Ealing	1.02.79	Cadiz	Sep-09
D	40-44	Paul	JENKINS	1953	CLAMS	1.05.25	WEP Cardiff	Jun-05
E	45-49	Michael	WATKINS	1970	Torfaen Dolphins	1.04.54	WNP Swansea	Jun-19
F	50-54	Patrick	GORE	1968	Cardiff Masters	1.08.29	WNP Swansea	Mar-19
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	1.15.29	WNP Swansea	Mar-17
H	60-64	Stuart	SHERMAN	1955	Cardiff Masters	1.21.00	Millfield	Sep-15
J	65-69	Garfield	THOMAS	1940	Nofio Cymru	1.27.19	Stanford USA	Aug-06
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	1.39.90	Crawley	Jan-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	1.54.87	Crawley	Feb-15
M	80-84	Ernest	CLEMETT	1917	St. Austell	2.48.66	WEP Cardiff	1997
N	85-89							
O	90-94							
200m BUTTERFLY								
S	18-24	Gareth	COCKS	1989	Cardiff Masters	2.16.69	Sheffield	May-12
A	25-29	Gareth	COCKS	1989	Cardiff Masters	2.12.05	Montreal (3rd)	Aug-14
B	30-34	Calvin	HARRIS	1965	Pontypool	2.16.02	Sheffield	1996
C	35-39	Calvin	HARRIS	1965	Pontypool	2.23.50	Crystal Palace	2000
D	40-44	Phil	BURCHELL	1980	Holywell	2.42.02	WNP Swansea	Feb-20
E	45-49	John	HOWLES	1954	Pontypool	2.44.10	Crystal Palace	2000
F	50-54	Vladimirs	SVEDS	1956	CLAMS	3.15.26	Cardiff I.S.V.	Jun-09
G	55-59	Garfield	THOMAS	1940	Ogwr	3.09.57	Crystal Palace	1995
H	60-64	Stuart	SHERMAN	1955	Cardiff Masters	3.10.90	Millfield	Sep-15
J	65-69	David Edwards	BURCHELL	1955	MOLD	3.15.11	WNP Swansea	Feb-20
K	70-74	Baz	OWEN	1930	Arfon Masters	5.57.61	WNP Swansea	Jun-03
L	75-79	Ernest	CLEMETT	1917	St. Austell	6.35.90	WEP Cardiff	1993
M	80-84	Ernest	CLEMETT	1917	St. Austell	6.33.59	WEP Cardiff	1997
N	85-89							
O	90-94							
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			New Welsh Record					

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
MEN								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
50m FREESTYLE								
S	18-24	Nathan	FORD	1984	Swansea Perf.	23.47	WNP Swansea	Mar-08
A	25-29	Kiroless	SABA	1990	Cardiff Masters	24.71	WNP Swansea	Jun-19
B	30-34	Oliver	HARRIS	1990	Cardiff Masters	24.69	WNP Swansea	Mar-20
C	35-39	Kevin	HARRISON	1965	Nottm Leander	24.87	Millau	Aug-03
D	40-44	Patrick	GORE	1968	CLAMS	27.60	Cardiff I.S.V.	May-09
E	45-49	Graham	SADLER	1959	Trafford Metro	27.03	Manchester	Jun-08
F	50-54	Patrick	GORE	1968	Cardiff Masters	27.56	WNP Swansea	Jun-19
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	28.75	WNP Swansea	Mar-15
H	60-64	Jonathan	HOPKINS	1960	Cardiff Masters	30.32	WNP Swansea	Mar-20
J	65-69	James	ARTHUR	1948	Celtic Dolphins	31.53	WNP Swansea	Mar-14
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	32.89	Cardiff I.S.V.	May-10
L	75-79	Edward	LLOYD	1931	Wrexham	35.39	Manchester	Jun-06
M	80-84	Garfield	THOMAS	1940	Bridgend Cty	39.71	WNP Swansea	Mar-20
N	85-89	Bill	DODGSON	1920	Individual	43.84	WNP Swansea	May-05
O	90-94							
100m FREESTYLE								
S	18-24	Adam	RATTENBERRY	1984	CLAMS	54.18	Manchester	Jun-07
A	25-29	David	ROBERTS	1981	Birmingham Mast	55.13	WNP Swansea	Mar-07
B	30-34	Oliver	HARRIS	1990	Cardiff Masters	54.26	WNP Swansea	Feb-20
C	35-39	Mark	JONES	1972	Ealing	56.18	Cadiz	Sep-09
D	40-44	Peter	BEAUMONT	1969	Welsh Indy	58.80	WNP Swansea	Mar-10
E	45-49	Graham	SADLER	1959	Trafford Metro	1.00.59	Manchester	Jun-08
F	50-54	Patrick	GORE	1968	Cardiff Masters	59.79	WNP Swansea	Jun-19
G	55-59	Adrian	MORRIS	1962	Cardiff Masters	1.03.75	WNP Swansea	Jun-19
H	60-64	James	ARTHUR	1948	Swansea Valley	1.09.35	WNP Swansea	Mar-08
J	65-69	James	ARTHUR	1948	Celtic Dolphins	1.11.56	WNP Swansea	Mar-13
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	1.14.57	Glasgow	Jun-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	1.20.33	Sheffield	Apr-16
M	80-84	Garfield	THOMAS	1940	Bridgend Cty	1.29.97	K2 Crawley	Jan-20
N	85-89	Bill	DODGSON	1920	Individual	1.40.90	WNP Swansea	May-05
O	90-94							
200m FREESTYLE								
S	18-24	Andrew	LUXTON	1983	Swim Swansea	2.00.85	WNP Swansea	Mar-04
A	25-29	Calvin	HARRIS	1965	Pontypool	2.06.03	WEP Cardiff	1990
B	30-34	Rhodri	HUMPHRIES	1982	Royal Navy	2.01.35	Montreal	Aug-14
C	35-39	Rhodri	HUMPHRIES	1982	Royal Navy	2.09.03	WNP Swansea	Mar-17
D	40-44	Jonathan	HOPKINS	1960	Swansea Valley	2.12.44	Munich	2000
E	45-49	Jonathan	HOPKINS	1960	Swansea Valley	2.15.14	WNP Swansea	May-05
F	50-54	Tony	DAY	1965	Darlington SC	2.12.45	Olympic Aq Centre	May-16
G	55-59	Jonathan	HOPKINS	1960	Cardiff Master	2.22.78	WNP Swansea	Mar-15
H	60-64	Jonathan	HOPKINS	1960	Cardiff Masters	2.31.31	WNP Swansea	Mar-20
J	65-69	James	ARTHUR	1948	Celtic Dolphins	2.39.84	WNP Swansea	Mar-13
K	70-74	James	ARTHUR	1948	Celtic Dolphins	2.46.64	WNP Swansea	Mar-18
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	3.07.20	Aldershot	Jul-16
M	80-84	Garfield	THOMAS	1940	Bridgend Cty	3.29.20	K2 Crawley	Jan-20
N	85-89	Bill	DODGSON	1920	Individual	4.05.45	WNP Swansea	May-05
O	90-94							
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
400m FREESTYLE								

SWIM WALES

WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS

MEN

	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
200m INDIVIDUAL MEDLEY								
S	18-24	Neil	van den BROEK	1979	Swim Swansea	2.12.23	WNP Swansea	Jun-03
A	25-29	David Josh	HANBURY	1993	Swansea Masters	2.17.43	WNP Swansea	Feb-20
B	30-34	Paul	GRIFFITHS	1970	Nofio Cymru	2.17.29	Munich	2000
C	35-39	Calvin	HARRIS	1965	Pontypool	2.20.70	Crystal Palace	2000
D	40-44	Paul	JENKINS	1953	CLAMS	2.27.86	Europeans	1993
E	45-49	Jonathan	HOPKINS	1960	Swansea Valley	2.32.95	Cardiff I.S.V.	Jun-09
F	50-54	Patrick	GORE	1968	Cardiff Masters	2.30.46	WNP Swansea	Jun-19
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	2.40.05	WNP Swansea	Mar-15
H	60-64	Jonathan	HOPKINS	1960	Cardiff Masters	2.45.61	WNP Swansea	Feb-20
J	65-69	James	ARTHUR	1948	Celtic Dolphins	3.03.16	WNP Swansea	Jun-14
K	70-74	Garfield	THOMAS	1940	Bridgend Cty	3.24.92	WNP Swansea	Mar-10
L	75-79	Garfield	THOMAS	1940	Bridgend Cty	3.53.17	K2 Crawley	Jan-17
M	80-84	Baz	OWEN	1930	Arfon Masters	4.56.14	WNP Swansea	Mar-10
N	85-89							
O	90-94							
400m INDIVIDUAL MEDLEY								
S	18-24	Andrew	REAY	1994	Wrexham	5.00.53	Manchester	Jun-15
A	25-29	Josh	HANBURY	1993	Swansea Mast	4.58.51	WNP Swansea	June-19
B	30-34	Paul	GRIFFITHS	1970	Nofio Cymru	4.55.99	Munich	2000
C	35-39	Calvin	HARRIS	1965	Pontypool	5.00.87	Munich	2000
D	40-44	Paul	JENKINS	1953	CLAMS	5.22.61	WEP Cardiff	1993
E	45-49	John	HOWLES	1954	Pontypool	5.35.80	Crystal Palace	2000
F	50-54	Jonathan	HOPKINS	1960	C o Cardiff	5.41.81	WNP Swansea	Jun-14
G	55-59	Jonathan	HOPKINS	1960	Cardiff Masters	5.45.60	WNP Swansea	Mar-17
H	60-64	Keith	ROTHWELL	1949	Arfon Masters	7.34.00	WNP Swansea	Mar-10
J	65-69	James	ARTHUR	1948	Celtic Dolphins	6.43.95	WNP Swansea	Mar-15
K	70-74	Baz	OWEN	1930	Arfon Masters	9.14.06	Munich	2000
L	75-79	Baz	OWEN	1930	Arfon Masters	10.07.37	WNP Swansea	Mar-06
M	80-84	Ernest	CLEMETT	1917	St. Austell	11.37.87	Glasgow	1998
N	85-89							
O	90-94							
					New Welsh Record			

SWIM WALES				
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS				
MEN				
4x50m MENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs	CLAMS	1.41.82	WNP Swansea	Jun-03
D. Jones : D. Tonge : M. Jackson : M. Tait				
100-119yrs	Cardiff Masters	1.42.22	WNP Swansea	Feb-20
Kiroless Saba : Jack Thomas : Callum Morris : Oliver Harris				
120-159yrs	Cardiff Masters	1.44.18	WNP Swansea	Mar-19
David Booth : Oliver Stanley : Scott Tancock : Kiroless Saba				
160-199yrs	Cardiff Masters	1.44.56	WNP Swansea	Mar-17
Jonathan Hopkins : Kiroless Saba : Patrick Gore : Gareth Cocks				
200-239yrs	Cardiff Masters	1.52.73	WNP Swansea	Jun-19
Patrick Gore : Adrian Morris : Malcolm Wilson : Kiroless Saba				
240-279yrs	Cardiff Masters	2.06.14	WNP Swansea	Mar-19
Adrian Morris : Malcolm Wilson : Christopher Goulden : Jonathan Hopkins				
280-319yrs				
320-359yrs				
4x100m MENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs	Arfon Masters	7.06.76	WNP Swansea	Mar-12
Oggy East : Baz Owen : Keith Rothwell : Pete Edwards				
240-279yrs	CLAMS	5.58.40	Cardiff I.S.V.	May-10
Steve Gage : Alexei Zhurov : Les Stagg : Errol Alexis				
280-319yrs				
320-359yrs				
4x200m MENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
New Welsh Record				

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WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS				
MEN				
4x50m MENs MEDLEY TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs	CLAMS	1.55.58	Cardiff I.S.V.	May-08
	A. Keen : D. Laxton : A. Rattenberry : Chris Wyatt			
100-119yrs	Cardiff Masters	1.56.89	WNP Swansea	Feb-20
	Callum Morris : Kiroless Saba : Olly Harris : Tom Longden			
120-159yrs	Cardiff Masters	1.56.50	WNP Swansea	June-19
	Patrick Gore : Kiroless Saba : David Booth : Scott Tancock			
160-199yrs	Pembroke	2.04.00	WNP Swansea	Jun-03
	A. Shortman : M. James : J. Richards : N. Goddard			
200-239yrs	CLAMS	2.08.57	WNP Swansea	Jun-03
	B. Caddick : R. Thomas : P. Godfrey : P. Gore			
240-279yrs	Cardiff Masters	2.26.20	WNP Swansea	Jun-19
	Malcolm Wilson : Mike Battersby : Adrian Morris : David Lowe			
280-319yrs				
320-359yrs				
4 x 100m MENs MEDLEY TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs	Arfon Masters	7.27.16	WNP Swansea	Mar-12
	Baz Owen : Pete Edwards : Keith Rothwell : Oggy East			
240-279yrs				
280-319yrs				
320-359yrs				
4x200m MENs MEDLEY TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				
	New Welsh Record			

SWIM WALES							
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS							
WOMEN							
	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE
50m BACKSTROKE							
S	18-24	Faith	GOODLIFFE	2000	Coventry Mast	33.38	WNP Swansea Mar-19
A	25-29	Carol-Ann	WILSON	1966	Torridgeside	33.82	Brisbane 1994
B	30-34	Siân	CLEMENT	1977	Swansea Sharks	34.10	Yalta (Ukraine) Sep-11
C	35-39	Ceri	EDWARDS	1978	Portsmouth N'sea	34.82	Budapest Aug-17
D	40-44	Michelle	WARE	1973	Guildford City	31.58	Budapest Aug-17
E	45-49	Michelle	WARE	1973	Guildford City	32.10	WNP Swansea Jun-19
F	50-54	Allie	PRICE	1965	Cardiff Masters	34.62	London Mar-19
G	55-59	Allie	PRICE	1965	Cardiff Masters	35.29	WNP Swansea Feb-20
H	60-64	Julia	BUCHANAN	1957	Caldicot	42.22	WNP Swansea Feb-20
J	65-69	Helen	HUGHES	1942	Arfon Masters	50.63	Cardiff I.S.V. Jun-09
K	70-74	Helen	HUGHES	1942	Arfon Masters	50.49	WNP Swansea Mar-14
L	75-79	Edna	DILWORTH	1925	Arfon Masters	57.45	Glasgow 2001
M	80-84	Kathy	CLAPP	1924	Connah's Quay	1.14.47	Manchester Apr-04
N	85-89	Emily	GODSALL	1917	CLAMS	1.22.11	WNP Swansea Jun-03
O	90-94						
100m BACKSTROKE							
S	18-24	Laura	PARRY	1982	CLAMS	1.14.23	WNP Swansea Jun-03
A	25-29	Rachel	BANFIELD	1984	CLAMS	1.12.22	Cardiff I.S.V. Jun-09
B	30-34	Siân	CLEMENT	1977	Swansea Sharks	1.16.46	Yalta (Ukraine) Sep-11
C	35-39	Ceri	EDWARDS	1978	Portsmouth N'sea	1.14.91	Budapest Aug-17
D	40-44	Michelle	WARE	1973	Guildford City	1.11.04	Manchester Jun-15
E	45-49	Michelle	WARE	1973	Guildford City	1.11.81	WNP Swansea Mar-19
F	50-54	Allie	PRICE	1965	Cardiff Masters	1.14.89	WNP Swansea Jun-19
G	55-59	Allie	PRICE	1965	Cardiff Masters	1.15.80	WNP Swansea Mar-20
H	60-64	Julia	BUCHANAN	1957	Caldicot	1.36.41	WNP Swansea Mar-20
J	65-69	Victor	CHRISTINA RITA	1954	Guildford City	1.46.39	WNP Swansea Feb-20
K	70-74	Helen	HUGHES	1942	Arfon Masters	1.49.34	WNP Swansea Mar-14
L	75-79	Helen	HUGHES	1942	Arfon Masters	2.13.90	WNP Swansea Mar-19
M	80-84	Emily	GODSALL	1917	Welsh Dragons	2.45.38	Prague 1997
N	85-89	Emily	GODSALL	1917	Nofio Cymru	3.04.39	Crystal Palace 2003
O	90-94						
200m BACKSTROKE							
S	18-24	Faith	GOODLIFFE	2000	Coventry Mast	2.39.31	WNP Swansea Mar-19
A	25-29	Rachel	BANFIELD	1984	CLAMS	2.33.74	Cardiff I.S.V. Jun-09
B	30-34	Emma	DAVIES	1979	C o Derby	2.46.42	Glasgow Jun-10
C	35-39	Lesley	WILDE	1959	Rhyl	2.37.99	WEP Cardiff 1998
D	40-44	Lesley	WILDE	1959	Nofio Cymru	2.34.37	Munich 2000
E	45-49	Lesley	WILDE	1959	Holywell	2.36.59	WNP Swansea Mar-04
F	50-54	Allie	PRICE	1965	Cardiff Masters	2.43.33	WNP Swansea Jun-19
G	55-59	Allie	PRICE	1965	Cardiff Masters	2.49.92	WNP Swansea Feb-20
H	60-64	Julia	BUCHANAN	1957	Caldicot	3.29.00	WNP Swansea Feb-20
J	65-69	Victor	CHRISTINA RITA	1954	Guildford City	3.41.99	WNP Swansea Feb-20
K	70-74	Helen	HUGHES	1942	Arfon Masters	4.09.48	WNP Swansea Mar-13
L	75-79	Helen	HUGHES	1942	Arfon Masters	4.33.87	WNP Swansea Mar-19
M	80-84	Emily	GODSALL	1917	CLAMS	6.04.08	WEP Cardiff 1997
N	85-89	Emily	GODSALL	1917	Nofio Cymru	6.25.89	Crystal Palace 2002
O	90-94						
					New Welsh Record		
					Welsh & British Record		

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
WOMEN								
	AGE	NAME		YoB	CLUB	TIME	VENUE	DATE
50m BREASTSTROKE								
S	18-24	Louise	HENLEY	1985	Swansea Perf	33.27	WNP Swansea	Mar-08
A	25-29	Jennifer	JONES	1990	Cardiff Masters	35.56	WNP Swansea	Jun-19
B	30-34	Louise	HENLEY	1985	RAF	34.21	Kranj	Sep-18
C	35-39	Jordanna	ROBERTS	1982	Swansea Masters	38.82	WNP Swansea	Feb-20
D	40-44	Friederika	SCHMIDT	1977	Fishguard Flyers	39.11	WNP Swansea	Mar-19
E	45-49	Helen	GORMAN	1972	Cardiff Masters	34.58	Gwangju South Korea	Aug-19
F	50-54	Allie	PRICE	1965	Cardiff Masters	38.13	WNP Swansea	Jun-19
G	55-59	Julie	CRAYFORD	1948	CLAMS	41.11	Riccione	Jun-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	42.89	Sydney/Australia	Oct-09
J	65-69	Christina	VICTOR	1954	Guildford City	44.89	Gwangju South Korea	Aug-19
K	70-74	Edna	DILWORTH	1925	Arfon Masters	57.31	WEP Cardiff	1996
L	75-79	Edna	DILWORTH	1925	Arfon Masters	1.00.75	Munich	2000
M	80-84	Kathy	CLAPP	1924	Connah's Quay	1.11.88	Manchester	Apr-04
N	85-89	Emily	GODSALL	1917	CLAMS	1.40.26	WNP Swansea	Mar-04
O	90-94							
100m BREASTSTROKE								
S	18-24	Louse	HENLEY	1985	Swansea Perf	1.14.04	WNP Swansea	Mar-08
A	25-29	Louise	HENLEY	1985	City of Cardiff	1.15.61	WNP Swansea	Mar-10
B	30-34	Louise	HENLEY	1985	RAF	1.12.87	Kranj	Sep-18
C	35-39	Natasha	MORGAN	1982	Southwark Aq	1.24.72	Aberdeen	Jun-17
D	40-44	Allie	PRICE	1965	Cardiff Masters	1.33.72	WNP Swansea	Mar-09
E	45-49	Helen	GORMAN	1972	Cardiff Masters	1.14.70	WNP Swansea	Mar-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	1.29.00	Aldershot	Jul-.07
G	55-59	Julie	CRAYFORD	1948	Nofio Cwmru	1.32.95	Manchester	Apr-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	1.39.29	Manchester	Jun-08
J	65-69	Christina	VICTOR	1954	Guildford City	1.41.25	Gwangju South Korea	Aug-19
K	70-74	M.Gwenda	DINSDALE	1946	Head Valleys	2.09.55	Aldershot	Jul-18
L	75-79	Edna	DILWORTH	1925	Arfon Masters	2.18.22	Glasgow	2001
M	80-84	Emily	GODSALL	1917	CLAMS	3.18.19	WEP Cardiff	1997
N	85-89	Emily	GODSALL	1917	Nofio Cwmru	3.50.70	Christchurch NZ	2002
O	90-94							
200m BREASTSTROKE								
S	18-24	Kathryn	PHILLIPS	1983	Cwmbran	3.37.33	WNP Swansea	Mar-04
A	25-29	Louise	HENLEY	1985	City of Cardiff	2.43.69	WNP Swansea	Mar-10
B	30-34	Natasha	MORGAN	1982	Southwark	3.00.56	Manchester	Jun-15
C	35-39	Natasha	MORGAN	1982	Southwark Aq	3.02.84	Aberdeen	Jun-17
D	40-44	Anne	WILLIAMS	1957	Brecon	3.22.92	Leeds	1997
E	45-49	Helen	GORMAN	1972	City of Cardiff	2.46.20	WNP Swansea	Mar-20
F	50-54	Julie	CRAYFORD	1948	Barry	3.22.71	S.Counties	2001
G	55-59	Julie	CRAYFORD	1948	Nofio Cymru	3.21.76	Manchester	Apr-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	3.40.72	Manchester	Jun-08
J	65-69	Victor	CHRISTINA RITA	1954	Guildford City	3.51.23	WNP Swansea	Mar-20
K	70-74	Edna	DILWORTH	1925	Arfon Masters	4.37.04	Sheffield	1996
L	75-79	Edna	DILWORTH	1925	Arfon Masters	5.02.39	Munich	2000
M	80-84	Emily	GODSALL	1917	CLAMS	7.25.62	Prague	1997
N	85-89	Emily	GODSALL	1917	CLAMS	8.19.05	WNP Swansea	Jun-03
O	90-94							
					New Welsh Record			
					Welsh & British Record			

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
WOMEN								
	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE	
50m BUTTERFLY								
S	18-24	Clare	GRUNDY	1982	Lo Wight Masters	30.04	WNP Swansea	Mar-04
A	25-29	Maxine	LOCK	1967	CLAMS	29.67	WEP Cardiff	1996
C	30-34	Maxine	McKINNELL	1967	CLAMS	29.68	WEP Cardiff	1997
C	35-39	Kathryn	OWENS	1974	Swansea Masters	31.31	Cardiff I.S.V.	Jun-09
D	40-44	Michelle	WARE	1973	Guildford City	29.53	Budapest	Aug-17
E	45-49	Michelle	WARE	1973	Guildford City	29.70	Plymouth	Jun-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	32.15	WNP Swansea	Mar-19
G	55-59	Caryn	KIELLOR	1959	Cardiff Masters	34.48	WNP Swansea	Jun-14
H	60-64	Julie	CRAYFORD	1948	CLAMS	37.91	Perth/Australia	Apr-08
J	65-69	Christina	VICTOR	1954	Guildford City	37.93	Gwangju South Korea	Aug-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	55.32	WNP Swansea	Mar-14
L	75-79	Edna	DILWORTH	1925	Arfon Masters	1.06.78	Munich	2000
M	80-84							
N	85-89							
O	90-94							
100m BUTTERFLY								
S	18-24	Sian	BOULTON	1986	Swansea Uni	1.07.26	WNP Swansea	Mar-07
A	25-29	Maxine	LOCK	1967	CLAMS	1.07.38	Sheffield	1996
B	30-34	Sian	DALLIMORE	1986	Carmarthen M	1.08.73	WNP Swansea	Mar-16
C	35-39	Friederike	SCHMIDT	1977	Fishguard Flyers	1.12.91	WNP Swansea	Mar-14
D	40-44	Michelle	WARE	1973	Guildford City	1.14.42	WNP Swansea	Mar-13
E	45-49	Michelle	WARE	1973	Guildford City	1.09.90	WNP Swansea	Mar-19
F	50-54	Allie	PRICE	1965	Cardiff Masters	1.14.20	Manchester	Jun-15
G	55-59	Allie	PRICE	1965	Cardiff Masters	1.17.10	WNP Swansea	Mar-20
H	60-64	Christina	VICTOR	1954	Guildford City	1.30.10	Olympic Aq Centre	May-16
J	65-69	Christina	VICTOR	1954	Guildford City	1.32.92	Gwangju South Korea	Aug-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	2.15.39	WNP Swansea	Mar-14
L	75-79	Helen	HUGHES	1942	Arfon Masters	2.41.04	WNP Swansea	Mar-19
M	80-84							
N	85-89							
O	90-94							
200m BUTTERFLY								
S	18-24	Claudia	SAVAGE	2001	Chirk Dragons SC	3.02.32	WNP Swansea	Feb-20
A	25-29	Sian	JENKINS	1972	Staines	2.53.82	Crystal Palace	2000
B	30-34	Natasha	MORGAN	1982	Southwark Aq	2.26.50	Crawley	Feb-15
C	35-39	Anne	WILLIAMS	1957	Brecon	3.30.56	Sheffield	1996
D	40-44	Ceri	THOMAS	1965	Bridgend Cty	3.02.63	Cardiff I.S.V.	Jun-09
E	45-49	Nicola	LATTY	1971	Holywell	2.34.06	Gwangju South Korea	Aug-19
F	50-54	Julie	CRAYFORD	1948	Barry	3.10.40	Glasgow	2001
G	55-59	Julie	CRAYFORD	1948	CLAMS	3.14.29	Riccione	Jun-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	3.36.29	Cadiz	Sep-09
J	65-69	Christina	VICTOR	1954	Guildford City	3.57.71	WNP Swansea	Jun-19
K	70-74	Margaret	WEARE	1944	Caldicot	5.54.44	WNP Swansea	Jun-14
L	75-79	Helen	HUGHES	1942	Arfon Masters	5.55.60	WNP Swansea	Mar-19
M	80-84							
N	85-89							
O	90-94							
					New Welsh Record			
					New Welsh Standard			
					Welsh & British Record			

SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
WOMEN								
	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE	
50m FREESTYLE								
S	18-24	Faith	GOODLIFFE	2000	Coventry Mast	29.62	WNP Swansea	Mar-19
A	25-29	Maxine	LOCK	1967	CLAMS	27.93	Sheffield	1996
B	30-34	Maxine	McKINNELL	1967	CLAMS	27.97	WEP Cardiff	1997
C	35-39	Sarah	VALE	1975	Llantrisant	29.43	WNP Swansea	Mar-10
D	40-44	Michelle	WARE	1973	Guildford City	28.19	Budapest	Aug-17
E	45-49	Michelle	WARE	1973	Guildford City	27.92	Plymouth	Jun-18
F	50-54	Allie	PRICE	1965	Cardiff Masters	30.51	Amersfoort	May-19
G	55-59	Allie	PRICE	1965	Cardiff Masters	32.13	WNP Swansea	Mar-20
H	60-64	Julie	CRAYFORD	1948	CLAMS	35.50	Cardiff I.S.V.	May-08
J	65-69	Elsa	STEWART	1954	Cardiff Masters	39.59	WNP Swansea	Mar-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	42.73	WNP Swansea	Mar-13
L	75-79	Edna	DILWORTH	1925	Arfon Masters	53.24	Glasgow	2001
M	80-84	Vivien	BATTEN	1925	CLAMS	1.07.71	WNP Swansea	Mar-08
N	85-89	Vivien	BATTEN	1925	CLAMS	1.22.47	WNP Swansea	Mar-10
O	90-94							
100m FREESTYLE								
S	18-24	Sian	BOULTON	1986	Swansea Uni	1.01.44	WNP Swansea	Mar-07
A	25-29	Stella	LANCEY	1988	Cardiff Masters	1.00.46	WNP Swansea	Jun-14
B	30-34	Sarah	VALE	1975	Llantrisant	1.03.54	WNP Swansea	Mar-07
C	35-39	Sarah	VALE	1975	Llantrisant	1.04.87	Cardiff I.S.V.	May-10
D	40-44	Michelle	WARE	1973	Guildford City	1.01.05	Manchester	Jun-15
E	45-49	Michelle	WARE	1973	Guildford City	1.01.97	WNP Swansea	Mar-19
F	50-54	Allie	PRICE	1965	Cardiff Masters	1.09.01	Eindhoven	May-15
G	55-59	Caryn	KIELLOR	1959	Cardiff Masters	1.13.70	WNP Swansea	Mar-14
H	60-64	Julia	BUCHANAN	1957	Caldicot	1.20.28	WNP Swansea	Jun-19
J	65-69	Elsa	STEWART	1954	Cardiff Masters	1.31.84	WNP Swansea	Mar-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	1.42.29	WNP Swansea	Mar-12
L	75-79	Helen	HUGHES	1942	Arfon Masters	1.55.46	WNP Swansea	Mar-19
M	80-84	Kathy	CLAPP	1924	Connah's Quay	2.20.89	Manchester	Apr-04
N	85-89	Viv	BATTEN	1928	CLAMS	3.32.94	WNP Swansea	Mar-10
O	90-94							
200m FREESTYLE								
S	18-24	Zoe	JENNET THOMAS	1993	Bridgend County	2.24.99	WNP Swansea	Mar-15
A	25-29	Stella	LANCEY	1988	Cardiff Masters	2.12.63	WNP Swansea	Jun-14
B	30-34	Natasha	MORGAN	1982	Southwark Aq	2.22.12	K2 Crawley	Jan-16
C	35-39	Ceri	EDWARDS	1978	Portsmouth N'sea	2.21.53	Budapest	Aug-17
D	40-44	Ceri	EDWARDS	1978	Portsmouth N'sea	2.15.30	Gwangju South Korea	Aug-19
E	45-49	Nicola	LATTY	1971	Holywell	2.22.96	WNP Swansea	Jun-19
F	50-54	Stel	FARRAR	1959	Arfon Masters	2.37.93	Cardiff I.S.V.	Jun-09
G	55-59	Caryn	KIELLOR	1959	Cardiff Masters	2.40.99	WNP Swansea	Mar-14
H	60-64	Stella	FARRAR	1959	Arfon Masters	2.50.79	WNP Swansea	Mar-19
J	65-69	Victor	CHRISTINA RITA	1954	Guildford City	3.20.40	K2 Crawley	Sep-21
K	70-74	Helen	HUGHES	1942	Arfon Masters	3.45.96	WNP Swansea	Mar-12
L	75-79	Helen	HUGHES	1942	Arfon Masters	4.02.58	WNP Swansea	Mar-19
M	80-84	Vivien	BATTEN	1925	CLAMS	6.58.77	WNP Swansea	Mar-08
N	85-89							
O	90-94							
400m FREESTYLE								
S	18-24	Zoe	JENNET THOMAS	1993	Bridgend County	5.10.40	WNP Swansea	Mar-15
A	25-29	Hannah	MUNDAY	1991	Swansea Masters	4.36.61	WNP Swansea	Jun-19

B	30-34	Heidi	LIA	1962	CLAMS	5.07.94	Crystal Palace	1992
C	35-39	Ceri	EDWARDS	1978	Portsmouth N'sea	5.04.10	Luxembourg	Oct-17
D	40-44	Ceri	EDWARDS	1978	Portsmouth N'sea	4.41.61	Gwangju South Korea	Aug-19
E	45-49	Nicola	LATTY	1971	Holywell	4.53.55	Gwangju South Korea	Aug-19
F	50-54	Stel	FARRAR	1959	Arfon Masters	5.28.10	WNP Swansea	Mar-10
G	55-59	Caryn	KIELLOR	1959	Cardiff Masters	5.36.96	WNP Swansea	Jun-14
H	60-64	Stella	FARRAR	1959	Arfon Masters	5.43.31	WNP Swansea	Mar-19
J	65-69	Victor	CHRISTINA RITA	1954	Guildford City	6.49.15	K2 Crawley	Sep-21
K	70-74	Helen	HUGHES	1942	Arfon Masters	7.35.47	WNP Swansea	Mar-13
L	75-79	Helen	HUGHES	1942	Arfon Masters	8.16.80	WNP Swansea	Mar-19
M	80-84							
N	85-89							
O	90-94							

800m FREESTYLE

S	18-24	Zoe	JENNET THOMAS	1993	Bridend Cty	10.15.75	WNP Swansea	Mar-15
A	25-29	Hannah	MUNDAY	1991	Swansea Masters	09.34.45	WNP Swansea	Jun-19
B	30-34	Heidi	LIA	1962	CLAMS	10.29.52	Crystal Palace	1992
C	35-39	Ceri	EDWARDS	1978	Portsmouth N'sea	10.27.35	Luxembourg	Oct-17
D	40-44	Ceri	EDWARDS	1978	Portsmouth N'sea	9.34.54	Gwangju South Korea	Aug-19
E	45-49	Nicola	LATTY	1971	Holywell	10.16.55	Gwangju South Korea	Aug-19
F	50-54	Stel	FARRAR	1959	Arfon Masters	11.05.35	WNP Swansea	Mar-10
G	55-59	Stel	FARRAR	1959	Arfon Masters	11.27.20	WNP Swansea	Mar-14
H	60-64	Stella	FARRAR	1959	Arfon Masters	11.30.54	WNP Swansea	Mar-19
J	65-69	Victor	CHRISTINA RITA	1954	Guildford City	13.47.40	K2 Crawley	Sep-21
K	70-74	Helen	HUGHES	1942	Arfon Masters	16.10.38	WNP Swansea	Mar-13
L	75-79	Helen	HUGHES	1942	Arfon Masters	16.36.41	WNP Swansea	Mar-19
M	80-84							
N	85-89							
O	90-94							

1500m FREESTYLE

S	18-24							
A	25-29	Hannah	MUNDAY	1991	Swansea Masters	18.15.68	WNP Swansea	Feb-20
B	30-34	Sian	CLEMENT	1977	Swansea Sharks	22.41.12	WNP Swansea	Mar-10
C	35-39	Ceri	EDWARDS	1978	Portsmouth N'sea	20.03.40	Luxembourg	Oct-17
D	40-44	Ceri	EDWARDS	1978	Portsmouth N'sea	19.18.33	K2 Crawley	Sep-21
E	45-49	Allie	PRICE	1965	Cardiff Masters	21.08.20	Bath Uni	Jan-12
F	50-54	Stel	FARRAR	1959	Arfon Masters	20.53.94	WNP Swansea	Mar-10
G	55-59	Stel	FARRAR	1959	Arfon Masters	21.34.27	WNP Swansea	Mar-14
H	60-64	Stella	FARRAR	1959	Arfon Masters	21.40.66	WNP Swansea	Mar-19
J	65-69	Victor	CHRISTINA RITA	1954	Guildford City	26.09.81	K2 Crawley	Sep-21
K	70-74	Helen	HUGHES	1942	Arfon Masters	30.21.59	WNP Swansea	Mar-14
L	75-79	Margaret	WEARE	1944	Caldicot	38.41.03	WNP Swansea	Mar-19
M	80-84							
N	85-89							
O	90-94							

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SWIM WALES								
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS								
WOMEN								
	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE	
200m INDIVIDUAL MEDLEY								
S	18-24	Faith	GOODLIFFE	2000	Coventry Mast	2.34.79	WNP Swansea	Mar-19
A	25-29	Rachel	BANFIELD	1984	Cardiff Masters	2.38.32	Cardiff I.S.V.	May-09
B	30-34	Natasha	MORGAN	1982	Southwark Aq	2.38.91	K2 Crawley	Jan-16
C	35-39	Natasha	MORGAN	1982	Southwark Aq	2.41.55	Aberdeen	Jun-17
D	40-44	Michelle	WARE	1973	Guildford City	2.37.43	K2 Crawley	Jan-17
E	45-49	Helen	GORMAN	1972	Cardiff Masters	2.33.43	Gwangju South Korea	Aug-19
F	50-54	Allie	PRICE	1965	Cardiff Masters	2.42.45	WNP Swansea	Jun-19
G	55-59	Allie	PRICE	1965	Cardiff Masters	2.46.69	WNP Swansea	Feb-20
H	60-64	Julie	CRAYFORD	1948	CLAMS	3.14.77	Perth/Australia	Apr-08
J	65-69	Elsa	STEWART	1954	Cardiff Masters	3.56.48	WNP Swansea	Mar-19
K	70-74	Helen	HUGHES	1942	Arfon Masters	4.19.81	WNP Swansea	Mar-12
L	75-79	Edna	DILWORTH	1925	Arfon Masters	4.59.69	Glasgow	2001
M	80-84	Kathy	CLAPP	1924	Connah's Quay	6.01.55	Manchester	Apr-04
N	85-89							
O	90-94							
400m INDIVIDUAL MEDLEY								
S	18-24							
A	25-29	Anna	WALKER	1981	Cardiff Masters	5.39.16	WNP Swansea	Mar-08
B	30-34	Natasha	MORGAN	1982	Southwark Aq	5.45.93	Manchester	Jun-15
C	35-39	Lesley	WILDE	1959	Rhyl	5.53.54	WEP Cardiff	1997
D	40-44	Lesley	WILDE	1959	Rhyl	5.32.05	Glasgow	2001
E	45-49	Nicola	LATTY	1971	Holywell	5.35.52	WNP Swansea	Jun-19
F	50-54	Allie	PRICE	1965	Cardiff Masters	5.51.36	Budapest	Aug-17
G	55-59	Julie	CRAYFORD	1948	CLAMS	6.32.56	Riccione	Jun-04
H	60-64	Julie	CRAYFORD	1948	CLAMS	7.01.19	Perth/Australia	Apr-08
J	65-69	Victor	CHRISTINA RITA	1954	Guildford City	7.44.81	WNP Swansea	Mar-20
K	70-74	Helen	HUGHES	1942	Arfon Masters	9.01.55	WNP Swansea	Mar-13
L	75-79	Helen	HUGHES	1942	Arfon Masters	10.01.49	WNP Swansea	Mar-19
M	80-84							
N	85-89							
O	90-94							
					New Welsh Record			
					Welsh & British Record			

SWIM WALES				
WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS				
WOMEN				
4x50m WOMENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs	CLAMS	2.01.33	WEP Cardiff	1996
120-159yrs	CLAMS	1.58.39	Sheffield	1996
160-199yrs	Cardiff Masters	2.10.12	Cardiff I.S.V.	May-11
	Marie Concannon : Heidy Arnot : Rhian Andrews : Allie Price			
200-239yrs	Cardiff Masters	2.15.11	WNP Swansea	Mar-14
	Caryn Keilor : Clare Parry : Rhian Andrews : Allie Price			
240-279yrs	Cardiff Masters	2.31.86	WNP Swansea	Mar-19
	Allie Price : Elsa Stewart : Alison Varley : Heidi Gore			
280-319yrs	Caldicot	3.51.49	WNP Swansea	Mar-20
	Julia Buchanan : Lorraine Crook : Margaret Weare : Valerie Palmer			
320-359yrs				
4x100m WOMENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs	CLAMS	5.12.83	Cardiff I.S.V.	May-10
	Melissa Blyth : Andrea Powell : Charmaine Kinson : Jassa Scott			
160-199yrs	Cardiff Masters	4.52.08	Cardiff I.S.V.	May-10
	Ceri Thomas : Allie Price : Sian Wilson : Rhian Andrews			
200-239yrs	Arfon Masters	6.53.16	WNP Swansea	Mar-12
	Helen Hughes : Bridget Edwards : Allison Donnelly : Stel Farrar			
240-279yrs				
280-319yrs				
320-359yrs				
4x200m WOMENs FREESTYLE TEAM				
AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs	Cardiff Masters	10.56.20	WNP Swansea	Jun-14
	Caryn Kiellor : Rhian Andrews : Clare Parry : Allie Price			
240-279yrs	Caldicot Masters	15.38.69	WNP Swansea	June-19
	Denise Cuer : Margaret Weare : Lorraine Crook : Julia Buchanan			
280-319yrs				
320-359yrs				
			New Welsh Record	
			New Welsh Standard	

SWIM WALES

WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS

WOMEN

4x50m WOMENs MEDLEY TEAM

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs	CLAMS	2.19.48	WEP Cardiff	1997
	M. McKinnell : N.Cumbers : A.Williams : S.Collier			
120-159yrs	CLAMS	2.15.82	Sheffield	1996
160-199yrs	Cardiff Masters	2.24.76	Cardiff I.S.V.	May-08
	H. Arnott : A. Walker : A. Price : C.Parry			
200-239yrs	Cardiff Masters	2.39.55	WNP Swansea	Mar-17
	Allie Price : Rhiannon Berrill : Heidi Gore : Elsa Stewart			
240-279yrs	Cardiff Masters	2.55.86	WNP Swansea	Mar-19
	Allie Price : Elsa Stewart : Heidi Gore : Alison Varley			
280-319yrs	Caldicot	4.28.43	WNP Swansea	Feb-20
	Julia Buchanan : Valerie Palmer : Lorraine Crook : Margaret Weare			
320-359yrs				

4x100m WOMENs MEDLEY TEAM

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs	Swansea Masters	5.17.07	WNP Swansea	Jun-19
	Caroline Jupp : Jordanna Roberts : Hannah Munday : Hannah Griffiths			
160-199yrs				
200-239yrs	Arfon Masters	7.24.52	WNP Swansea	Mar-12
	Helen Hughes : Bridget Edwards : Allison Donnelly : Stel Farrar			
240-279yrs				
280-319yrs				
320-359yrs				

4x200m WOMENs MEDLEY TEAM

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				

SWIM WALES

WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS

MIXED

4x50m MIXED FREESTYLE TEAM

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs	CLAMS	1.46.44	Cardiff I.S.V .	May-08
D. Laxton : C. North : E. North : A. Rattenbury				
100-119yrs	Cardiff Masters	1.59.95	WNP Swansea	Feb-20
James Moggridge : Callum Morris : Emma Harvey : Holly McGee				
120-159yrs	Cardiff Masters	1.49.34	WNP Swansea	Jun-19
Kiroless Saba : Scott Tancock : Allie Price : Jennifer Jones				
160-199yrs	Cardiff Masters	1.53.59	WNP Swansea	Mar-17
Gareth Cocks : Jonathan Hopkins : Allie Price : Jenny Jones				
200-239yrs	Cardiff Masters	01.59.41	WNP Swansea	Mar-19
Patrick Gore : Andrew Martin : Heidi Gore : Allie Price				
240-279yrs	Cardiff Masters	2.20.74	WNP Swansea	Mar-19
Jonathan Hopkins : Malcolm Wilson : Elsa Stewart : Jenny Burns				
280-319yrs	CLAMS	3.44.69	WNP Swansea	Jun-03
L. Stagg : E. Alexis : V. Batten : E. Godsall				
320-359yrs				

4x100m MIXED FREESTYLE TEAM

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs	Swansea Masters	4.08.26	WNP Swansea	Jun-19
Andrew Luxton : Hannah Griffiths : Hannah Munday : David Hanbury				
120-159yrs				
160-199yrs				
200-239yrs	Cardiff Masters	5.04.99	WNP Swansea	Mar-12
Heidi Gore : Charmaine Kinson : Paul Pycroft : Vladimir Sveds				
240-279yrs				
280-319yrs				
320-359yrs				

4x200m MIXED FREESTYLE TEAM

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				

New Welsh Record

SWIM WALES

WELSH MASTERS AND SENIOR AGE GROUP LONG COURSE RECORDS

MIXED

4x50m MIXED MEDLEY TEAM

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs	CLAMS	1.59.70	Cardiff I.S.V.	May-08
	R. Banfield : D. Laxton : A. Rattenberry : E. North			
100-119yrs	Cardiff	2.09.47	WEP Cardiff	1997
	M. Davies : C. Corcoran : R. de Grey : Cl. Parry			
120-159yrs	Cardiff Masters	2.00.67	WNP Swansea	Jun-19
	David Booth : Kirloess Saba : Allie Price : Jenny Jones			
160-199yrs	Cardiff Masters	2.13.08	WNP Swansea	Mar-15
	Allie Price : Jenny Jones : Gareth Cocks : Stuart Sherman			
200-239yrs	Cardiff Masters	2.16.88	WNP Swansea	Feb-20
	Patrick Gore : Scott Tancock : Allie Price : Heidi Gore			
240-279yrs	Cardiff Masters	2.47.95	WNP Swansea	Mar-19
	Patrick Gore : Elsa Stewart : Adrian Morris : Alison Varley			
280-319yrs	CLAMS	3.34.32	Cardiff International	Apr-08
	L. Stagg : E. Alexis : J. Crayford : V. Batten			
320-359yrs				

4x100m MIXED MEDLEY TEAM

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs	Swansea Masters	4.38.86	WNP Swansea	Jun-19
	Andrew Luxton : Jodanna Roberts : David Hanbury : Hannah Munday			
160-199yrs	Arfon Masters	6.40.71	WNP Swansea	Mar-12
	Stel Farrar : Pete Edwards : Allison Donnelly : Oggy East			
200-239yrs	Cardiff Masters	5.28.32	Cardiff I.S.V.	May-11
	Clare Parry : Mike Battersby : Allie Price : Malcolm Wilson			
240-279yrs				
280-319yrs				
320-359yrs				

4x200m MIXED MEDLEY TEAM

AGE GROUP	CLUB	TIME	VENUE	DATE
72-96yrs				
100-119yrs				
120-159yrs				
160-199yrs				
200-239yrs				
240-279yrs				
280-319yrs				
320-359yrs				

New Welsh Record

SWIM WALES

WELSH MASTERS AND SENIOR AGE GROUP OPEN WATER RECORDS

MEN

	AGE	NAME	YoB	CLUB	TIME	VENUE	DATE
S	18-24						
A	25-29						
B	30-34						
C	35-39						
D	40-44						
E	45-49						
F	50-54						
G	55-59						
H	60-64						
J	65-69						
K	70-74						
L	75-79						
M	80-84						
N	85-89						
O	90-94						

S	18-24						
A	25-29						
B	30-34						
C	35-39						
D	40-44						
E	45-49						
F	50-54						
G	55-59						
H	60-64						
J	65-69						
K	70-74						
L	75-79						
M	80-84						
N	85-89						
O	90-94						

S	18-24						
A	25-29						
B	30-34						
C	35-39						
D	40-44						
E	45-49						
F	50-54						
G	55-59						
H	60-64						
J	65-69						
K	70-74						
L	75-79						
M	80-84						
N	85-89						
O	90-94						

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