



### Registered Testing Pools

The National Registered Testing Pool is managed by UKAD and the International Registered Testing Pool is managed by FINA. British Swimming notifies athletes of their inclusion in FINA's testing pool.

### Whereabouts and ADAMS

Athletes in Registered Testing Pools are required to manage their own profiles on the WADA created whereabouts management system, ADAMS. Each athlete submits key contact information and must provide whereabouts details on a quarterly basis. The information can be securely accessed by the relevant anti-doping organizations: FINA, UKAD and WADA. Athlete Whereabouts information enables these organizations to conduct a more robust out of competition testing programme.

Athletes are required to provide and update the following information by day regardless of their situation or location in the world (i.e. 365 days per year, no exclusions for holidays, injury, travel etc).

- One hour slot every day
- Address of daily residence
- Regular activities (training, work etc)
- Competition schedule

### Hour slots

Athletes in registered testing pools must be available for testing at the location and time given for their hour slot for the full sixty minutes. This Whereabouts component is the **only requirement which carries an automatic 'missed test'** if the athlete is not at the stipulated location.

Athletes may alert UKAD and/or FINA to changes of their hour slot location at any time, up to one minute prior to the start. Changes can be made on ADAMS, or by text/email for UKAD or by email only for FINA.

Whereabouts System:		<a href="http://www.myadams.co.uk">www.myadams.co.uk</a>
UKAD Testing Pool:	SMS:	+44 (0) 7781480710
	Email:	<a href="mailto:athlete@ukad.org.uk">athlete@ukad.org.uk</a>
FINA testing pool	Email:	<a href="mailto:dcwhereabouts@fina.org">dcwhereabouts@fina.org</a>

### Filing Failures and Missed Tests

As indicated in the 'Anti-doping Rule Violations' section, athletes are liable for whereabouts filing failures (a strike) if they provide inaccurate information. For example, if an athlete does not provide training information that is known to them, they could be liable for a filing failure. Athletes who miss a test when not available at the hour slot are also liable for a strike. Three strikes within a period of 18 months may result in an anti-doping rule violation. The principle of 'strict liability' applies: the athlete is solely responsible for the provision of whereabouts information and availability for testing during the hour slot.

### Support for ADAMS

Training for ADAMS is given by the British Swimming Anti-Doping Manager in advance of an athlete being included in either testing pool. British Swimming also provides specific on-going support to all athletes in testing pools and completing ADAMS whereabouts.