

# Swim Wales Masters Working Group Newsletter June 2023



SWIM WALES  
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MASTERS

## SWIM WALES MASTERS WORKING GROUP

We are a voluntary group who meet online approx every two months. The group is made up of enthusiastic volunteers who help coordinate, contribute and develop new ideas to enhance Masters swimming across Wales. Working with Swim Wales staff, the group support increasing participation, drive sport development and competitive opportunities for the Masters community.

The working group have successfully helped deliver the Masters Short and Long Course Championships, delivered three masters training days and had input into the British Masters Open Water Championships, which has been hosted in Wales for the last two years. It also supports the Home Countries Masters Swimming Management Group via appointed Welsh representatives.

## MEET THE GROUP

### Nicola Latty

Nicola is from North Wales and aims to develop masters swimming in the area. She is also Chair of the Home Countries Masters Swimming Management Group.

### Helen Gorman

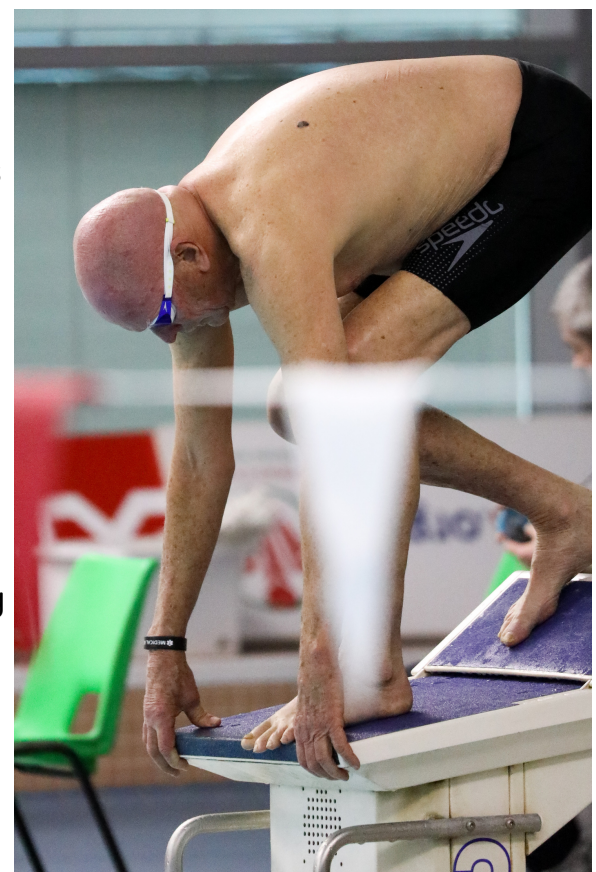
Helen has been competing in Masters since 2012 and brings her professional experience in events, marketing and communication to the working group.

### Karen Howells

Karen is Head Coach at Cardiff Masters as well as taking part in masters swimming and Ironman triathlon.

### Matthew Lewis

Matt enjoys swimming and volunteering and is always keen to help promote lifelong swimming. He is most enthusiastic about Breaststroke, relays, team swimming and 25m sprints!



## EVENTS UPDATE

### Swim Wales Masters Long Course

The masters long course event held in Swansea in March was a success, with:

- Number of swimmers: 342
- Number of individual entries/swims: 1203
- Number of relay teams entered: 47
- Number of entered clubs: 104

We look forward to hosting the Masters Short Course provisionally on 2nd December, NISV.

### Swim Wales Challenge Series

The Swim Wales Open Water Challenge Series is back! Entries open soon for:

- Llys y Fran - Saturday 16th September, incorporating the GB Masters Event.

With a variety of distances to suit beginners and experienced Open Water swimmers, come and give it a go!

<https://www.swimwales.org/events-2/events/>



**Commitment:** Attend working group meetings (usually virtual) and support development projects.

**Remuneration:** Voluntary with all necessary expenses reimbursed (including Swim Wales membership).

All working group members will need to be a Swim Wales member and adhere to all member policies.

## WORKING GROUP RECRUITMENT - CLOSING SOON!

We are looking for individuals with a passion for sport and aquatics.

We are looking for members from all regions in Wales.

Applications close at 5pm on 5th July 2023.

Informal interviews will be held via phone on Thursday 6th or Friday 7th July.

To apply, head over to the Swim Wales website:

<https://www.swimwales.org/work-with-us/>

For more information, contact:

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